

SUMMARY OF SEASON INJURIES

INJURY TYPE	FIRST 4 WEEKS	MIDDLE WEEKS	LAST 4 WEEKS	TOTAL
1. Back or Neck Injury				
2. Blisters				
3. Bruise				
4. Dental Injury				
5. Dislocation				
6. Fracture				
7. Head Injury – Conscious				
8. Head Injury – Unconscious				
9. Lacerations				
10. Loss of Wind				
11. Nose Bleed				
12. Skate Bite				
13. Sprain				
14. Strain				
15.				
16.				
17.				

Do you see a trend?	YES	NO
Steps to take to reduce injuries next season:		
(1) _____		
(2) _____		
(3) _____		
(continued on reverse side)		

SUMMARY OF SEASON INJURIES (cont.)

(4)	_____
(5)	_____
(6)	_____
(7)	_____
(8)	_____
(9)	_____
(10)	_____
(11)	_____
(12)	_____
(13)	_____
(14)	_____
(15)	_____
(16)	_____
(17)	_____
(18)	_____
(19)	_____
(20)	_____